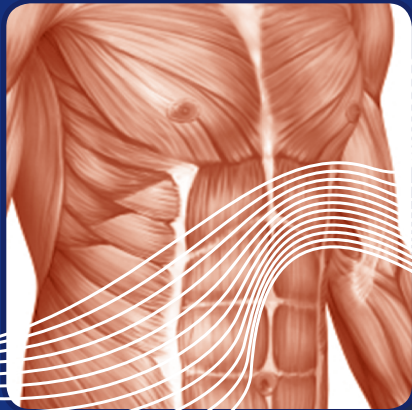


What is **MYO₂**?

MYO = Muscle + **O₂** = Oxygen

Muscle Oxygen feeds your muscles and other associated soft tissues.

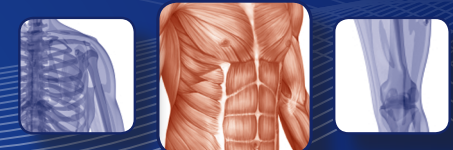


With carefully chosen active ingredients **MYO₂** is able to cover a broad spectrum of needs. It has two main active ingredients, Arnica and Horse Chestnut, each with their own unique attributes.

WITH ARNICA AND
MYO₂TM
HORSE CHESTNUT



MYO₂ IS MANUFACTURED IN A GMP FACILITY



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MUSCLE OXYGEN
RELIEF FOR YOUR MUSCLES

ACTIVE INGREDIENTS

EACH WITH THEIR OWN UNIQUE ATTRIBUTES

EFFECTIVE RELIEF

FOR A BROAD SPECTRUM OF AILMENTS

WITH ARNICA AND
WHY MYO₂
HORSE CHESTNUT



ARNICA

Arnica montana extract contains, amongst other components, Helenaline which is a sesquiterpene lactone with potent anti-inflammatory effects. The other components of the extract provide antimicrobial, venotonic and blood vessel protective effect.

Arnica is currently found in liniment and ointment preparations used for alleviating the symptoms of muscle and ligamentous strains, sprains and bruises. Commercial Arnica preparations are frequently prescribed by medical professionals to assist in the treatment of patients with these conditions.

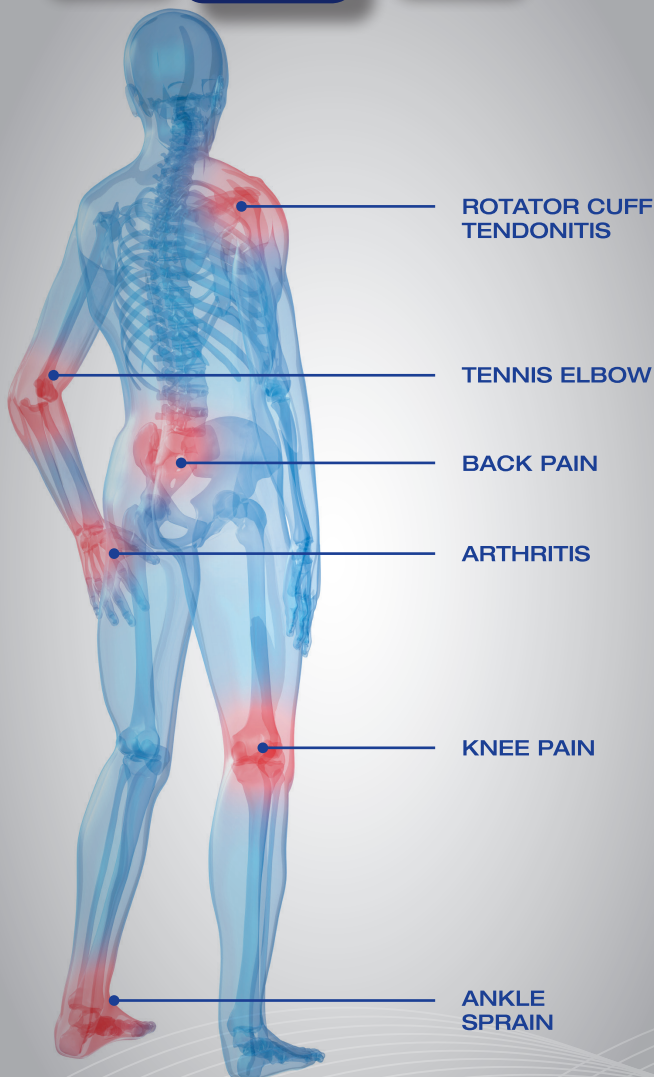
HORSE CHESTNUT

The main active ingredient in Horse chestnut is Escin. Escin has anti-inflammatory and venotonic properties, which decrease blood-vessel permeability and produce an important anti-oedema effect. Flavonoids, another active ingredient, have a wide range of actions, remarkably, reduction of capillary fragility and permeability, anti-inflammatory action and free radical scavenging action. Due to the effect of Horse chestnut on the function of the capillaries, oxygen and nutrient transport to the cells and the removal of excess water and waste products from the cells, will be enhanced. This has benefit for muscle healing and repair and venous support.

"I use MYO₂ not only for injuries, but also for tired & sore muscles. It helps relieve pain & speeds up my recovery."

Calvin F. - 2010 & 2011 SA Judo Champion u/20yrs (-90kg)

"Applying MYO₂ onto my swollen and painful ankles, after a long-haul flight, brought me immediate pain relief. The swelling had completely resolved within 12 hours." Deborah H. United Kingdom



KEY PRODUCT BENEFITS:



- ✓ *Reduces Pain*
- ✓ *Soothing Effect*
- ✓ *Reduces Swelling*
- ✓ *Muscle Relief*

MYO₂'s combined effect of topical Arnica and Horse Chestnut may provide effective relief for the symptoms of conditions related to inflammation and bruising e.g. post-exercise recovery, muscle and ligamentous strains and sprains, night time muscle cramping, ankle swelling and post-exercise discomfort.